



LAING DERMATOLOGY ASSOCIATES

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Patient Name: Jennifer Smith
Patient DOB: 02-02-1982
Patient Sex: Female
Visit Date: 03-05-2016

Chief Complaint/HPI

Patient presents with a lesion on her back.

Moles on trunk for atleast one year. No bleeding, no discharge, no pain. No irritation with washing. Lesions are smooth. Patient is concerned about skin cancer and requests examination of these lesions.

History

Past Medical History

Melanoma: no
Non-melanoma skin cancer: no
Artificial heart valve: no
Artificial joint: no
Organ Transplant: no.
Pacemaker/Defibrillator: no.

Social History

Do you drink alcohol? yes.
Do you currently smoke? yes.

Family History

Melanoma: yes.

Female Patients

Are you currently using birth control pills: no.
Are you pregnant: no.
Are you currently planning a pregnancy: no.

Allergies

No Known Drug Allergies

Current Medications

Solodyn 55mg Extended-Release Tablet
Tazorac 0.1% Topical Cream
Benzoyl Peroxide 10% Topical Gel apply a thin film to the affected skin areas by topical route 2 times per day
Isotrate ER 60mg Extended-Release Tablet Once a day
Benicar 20mg Tablet
Atenolol 100mg Tablet

Problem List

Acne Conglobata (L70.1)
Disorder Of Pigmentation, Unspecified (L81.9)

Vital Signs

Height: 66 in.
Weight: 120 lbs.
BMI: 19.
BP Systolic: 120 mm Hg.
BP Diastolic: 90 mm Hg.

ROS

Review of Systems

No other skin or systemic complaints.

Physical Exam

On examination TBSE performed.
WDWN A/O & pleasant.

Scalp

Scalp examination is normal.

Forehead

Forehead examination is normal.

Neck

Neck examination is normal.

Back

Back examination is abnormal.
Primary Lesion: papule.
Secondary Changes: ulcerated and lichenified.
Arrangement: poorly-demarcated.



Chest/Br/Ax

Chest/Breast/axilla examination is normal.

Abdomen

Abdomen examination is normal.

Genit/Buttocks

Genitalia/Buttock examination is normal.

RUE

RUE examination is normal.

LUE

LUE examination is normal.

RLE

RLE examination is normal.

LLE

LLE examination is normal.

Digits/Nails

Digits/Nails examination is normal.

Cervical Nodes

Cervical nodes are unremarkable.

Axillary Nodes

Axillary nodes are unremarkable.

Inguinal Nodes

Inguinal nodes are unremarkable.

Assessment

Actinic Keratosis (L57.0) FUwith AK in 6 weeks for chemo.

Acne Conglobata (L70.1) Recurrence, re-evaluate in 4 weeks

Psoriasis, Unspecified (L40.9) Back and left knee, gets severe in cold weather

Plan

Lab

BASIC METABOLIC PANEL

CBC WITH DIFFERENTIAL

Today's Medication

Picato 0.05% Topical Gel (Trunk and Extremities Only) is Prescribed, Apply as directed

Clobex 0.05% Topical Spray is Prescribed, apply to affected area(s) by topical route 2 times per day and rub in gently and completely

Procedure

Microdermabrasion

I&D, SIMPLE 10060

Recommendation

Avoid Sunlight: Avoid direct sunlight.

Take care of your skin keep it supple and hydrated to avoid sores and cracks that can become severely infected.

If you have high fat levels (such as high cholesterol) or high blood pressure, take your medication as directed.

Follow Up

Return to clinic in 4 weeks for follow up.

Health Education

PSORIASIS