



EAR, NOSE & THROAT CLINIC

6860 North Dallas Pkwy, Ste 200, Plano, TX 75024

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Patient Name: Adrian Dittkoff
Patient DOB: 11-11-1959
Patient Sex: Male
Visit Date: 03-05-2016

Chief Complaint/HPI

Nasal obstruction: Patient presented with the complaint of nasal obstruction. It is located in left nares. It started 2 week(s) back. It is severe in intensity and itchy in quality.

Ear Ache: Patient presents with Ear Ache. It is located in right ear. It started 2 day(s) back. It is modified by antibiotics, antihistamines and OTC pain medications. Associated symptoms are fever, hearing loss, nausea and weakness.

History

MEDICAL HISTORY: Patient has a history of hypertension and DM type 2.

FAMILY HISTORY: Father has alzheimer's disease. Mother has epilepsy.

SOCIAL HISTORY: Alcohol consumption is social. Patient is current every day smoker. Smoking 2 pack/day. No illicit IV drug abuse.

SURGICAL HISTORY: Patient has history of appendectomy in 2005.

PSYCHIATRIC HISTORY: Patient has no psychiatric history.

Allergies

No Known Drug Allergies

Problem List

Otalgia, Right Ear (H92.01)

Otitis Externa In Other Diseases Classified Elsewhere, Right Ear (H62.41)

Vital Signs

Height: 70 in.

Weight: 210 lbs.

BMI: 30.

BP Systolic: 135 mm Hg.

BP Diastolic: 90 mm Hg.

ROS

Constitutional: Patient complained of no constitutional symptoms.

Respiratory: Patient complained of no respiratory symptoms.

CVS: Patient complained of no CVS symptoms.

GIT: Patient complained of no GIT symptoms.

GU: Patient complained of no GU symptoms.

Psychiatric: Patient complained of no psychiatric symptoms.

Skin: Patient complained of no skin symptoms.

Neurological: Patient complained of no neurological symptoms.

Physical Exam

CONSTITUTIONAL: Well nourished. Appropriate speech..

HEAD AND FACE: Free of masses, absent sinus tenderness, grossly normal salivary glands and symmetric facial strength.

EAR: Right ear tympanic membrane: bulging and erythematous, external ears are grossly normal, no lesion, decreased acuity in the right ear, Romberg negative and Cerebellar signs negative.



NOSE: Exam of nasal mucosa shows left deviated septum: blocking sinus drainage and normal nasal mucous membrane.



NECK: Neck is normal in symmetry and without any masses.

NEUROLOGIC: Cranial nerves (1-12) normal.

Procedures

Diagnostic nasopharyngoscopy was performed through a flexible telescope to rule out pathology and to evaluate the intranasal and nasopharyngeal structures, including the posterior aspect of the nasal cavity, eustachian tube orifice, adenoidal bed and posterior and superior oropharynx.

Laboratory Data

Tympanogram reviewed.

Audiogram reviewed.

Assessment

Deviated Nasal Septum (J34.2) Left nares. Scheduled for Septoplasty

Chronic Serous Otitis Media, Bilateral (H65.23) Bulging and erythematous TM

Plan

Lab

CT SINUSES W/3D

CBC W/DIFF W PLT

PT W/INR

Today's Medication

Augmentin 500mg Tablet is Prescribed, Take 1 tablet BID for 10 days

Nasarel 29mcg/actuation Nasal Spray is Prescribed, As directed

Procedure

Nasal Endoscopy 31231

Audiometry 92559

Recommendation

Otitis Media: Otitis media is generally not serious if it is promptly and properly treated. With the help of your physician, you and/or your child can feel and hear better very soon. Be sure to follow the treatment plan, and see your physician until he/she tells you that the condition is fully cured.

Follow Up

Follow up in 7 days.

Health Education

TAKING CARE OF YOUR EARS

This visit was electronically signed off by Michael Sperling, MD on 03/05/2016 06:01:43 PM