



CHILDREN FIRST PEDIATRICS OF TEXAS

6860 North Dallas Pkwy, Ste 200, Plano, TX 75024

Tel: 469-305-7171 Fax: 469-212-1548

Patient Name: Harris Cairns
Patient DOB: 12-01-2013
Patient Sex: Male
Visit Date: 03-07-2016

HPI

Patient is here today for a well child exam. Patient is feeling well. No complaints at this point.

HISTORY

General health: Normal
Illnesses/Injuries: No
Off bottle: No
Feeding problems: No
Vitamins: No
Fluoride (water/Rx): No
Family nutrition, balanced: No
Diet: Cereals, Fruits
Stools: Normal
Urine: Normal
Family status: Normal
Heat source: No
Smoke free environment: Yes
Child care plans: Yes

Allergies

No Known Drug Allergies

Screening

Anemia, CBC/Hgb: Yes
Results: Normal

Blood lead test. Federal requirement at least second test done between 12 & 24 mo on MaineCare children.

Ordered: Yes
Drawn in office: Yes
Lead result: Normal
Date done: 03 March, 2016

ROS

Walks up and down stairs: Yes
Walks backwards: Yes
Kicks a ball: Yes
Stacks 5 or 6 blocks: Yes
Vocab at least 20 words: Yes
Knows name: Yes

Draws a line: [Yes](#)
Helps take off clothes: [Yes](#)
Follow 2-step commands: [Yes](#)
Points to 1 named body part: [Yes](#)
Imitates housework: [Yes](#)

Key Anticipatory Guidance

[Ensure playground/water safety](#)
[Avoid food eating struggles](#)
[Reinforce limits/praise good behavior](#)
[Discuss community programs \(i.e preschool, Headstart etc\)](#)
[Test smoke detectors/change batteries](#)
[Keep home/car smoke free](#)
[Gun safety](#)
[Ipecac, Poison Control #](#)
[Childproof home \(matches, poison, meds, alcohol, outlets, etc\)](#)
[Sun exposure/sunscreen](#)
[Brush teeth with little or no toothpaste](#)
[Encourage self care](#)
[Anticipate genitalia curiosity](#)
[Limit TV](#)
[Promote toilet training when child ready](#)
[Childcare arrangement](#)
[Encourage reading](#)
[Ask about WIC if on MaineCare](#)
[Discuss lead poisoning prevention](#)

Physical Exam

Weight: [28 lbs](#)
Height: [24 inches](#)
Head circumference: [50cms](#)

Skin: [normal](#)
Head: [normal](#)
Eyes: [normal](#)
Strabismus: [normal](#)
Ears (TM), nose, throat: [normal](#)
Teeth (caries): [normal](#)
Neck: [normal](#)
Lungs: [normal](#)
Heart: [normal](#)
Abdomen: [normal](#)
Genitalia: [normal](#)
Gait: [normal](#)
Musculoskeletal: [normal](#)
Neuro: [normal](#)
Extremities: [normal](#)
General hygiene: [normal](#)

Assessment

[Encounter For Routine Child Health Examination Without Abnormal Findings \(Z00.129\)](#)

Plan

Immunization

DTAP #5

Hep A, ped/adol, 2 dose

IPV#4

Harris is doing perfectly fine as per his age.

Return to clinic at 3 years of age, or sooner if concerns arise.

Approved for all routine preventive medicine services, including immunizations.

Abuse/neglect, functional status, nutrition and pain assessed and no further evaluation is needed.

Should sleep on back, pets (keep separated from child), use of car restraints, do not leave near water or where child can fall, assure water heater temp. set less than 120 degrees and test fire alarms.

The visit was electronically signed off by Lisa Reynolds, MD on 03/07/2016 08:20:34 PM