



PHYSICAL THERAPY

PHYSICAL THERAPY ASSOCIATES OF TEXAS

6860 North Dallas Pkwy, Ste 200, Plano, TX 75024

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Patient Name: Raymond Weiss

Patient DOB: 01-01-1959

Patient Sex: Male

Visit Date: 03-04-2016

Date of Accident: 03-02-2016

Visit Type: **Daily**

Subjective

Knee Pain

Patient presents with **Knee Pain**. -Left side

Onset: **sudden**.

On a scale of 1 to 10, with 10 being the worst pain, the patient rates it as **5**.

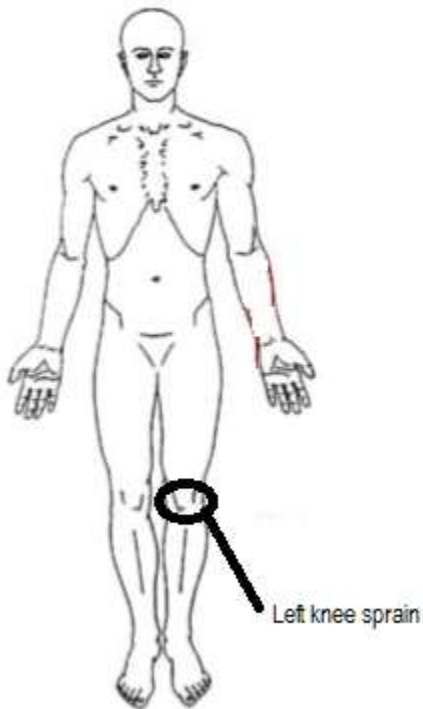
Aggravating Factors: **standing, walking, going up stairs and carrying things**.

Alleviating factors: **analgesic medications, heat, lying down and muscle relaxers**.

Associated symptoms are **loss of motion, loss of strength and trouble walking**.

Objective

Patient demonstrates left knee **pain, decrease ROM, balance problem, decrease strength and gait problem**.



Assessment

Treatment tolerated well

OV Frequency: **3 X /wk**

Plan

ADL

Balance Training

Gait Training

Hot/Cold

Manual Therapy

Massage

Mechanical Traction

Therapeutic Exercises

Strap-Knee

The visit was electronically signed off by Kristen Lager, PT on 03/07/2016 10:35:26 PM