



## MD NOW URGENT CARE CENTER

6860 North Dallas Pkwy, Ste 200, Plano, TX 75024

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Patient Name: Helen Jansen  
Patient DOB: 01-02-1968  
Patient Sex: Male  
Visit Date: 12-02-2014

### Chief Complaints

#### Ear infection

Patient presents with **Ear infection**. It is **on left side**. It is **sudden** in onset. It started **2 day(s)** ago. Quality is described as **sharp and stabbing**. It gets aggravated by **bending**. It is alleviated by **analgesic medications**. Associated symptoms include **fatigue, fever, headache and weakness**.

### History

**Medical History:** **Negative**.

**Surgical History:** **None**.

**Family History:** **Negative**.

**Social History:** Drinks alcohol socially on weekends, **current every day smoker**, smoking **2 pack/day** and working as **school teacher**.

### Allergies

No Known Drug Allergies

### Problem List

Acute Otitis Media, Left Ear (H66.92)

Fever, Unspecified (R50.9)

### Current Medications

Benicar 20mg Tablet

Celebrex 100mg Capsule

### ROS

**Constitutional:** Patient complains of **fever** and **Fatigue**.

**Eyes:** Patient has **no eye symptoms**.

**ENT:** Patient has **ear ache**.

**CVS:** Patient has **no CVS symptoms**.

**Respiratory:** Patient has **cough**.

**GI:** Patient has **no vomiting, no diarrhea** and complains of **nausea**.

**GU:** Patient has **no GU symptoms**.

**Psychiatric:** Patient is **no psychiatric symptoms**.

**Skin:** Patient has **no skin symptoms**.

**Musculoskeletal:** Patient has **no musculoskeletal symptoms**.

**Neurological:** Patient complains of **headache** and **Weakness**.

**All Other Systems:** Are **non-contributory** for chief complaint.

### Vital Signs

Height is **69 in**.

Weight is 185 lbs.  
BMI is 27.32.  
Systolic BP is 120.  
Diastolic BP is 80.  
Sitting Pulse is 86.  
Temperature is 101 F.  
Respiratory Rate is 19.  
O2 Sat is 99%.

## Physical Exam

**HEENT: EAR:** On ear examination left ear TM: bulging and erythematous and ear canal is without lesions.

**NECK:** On neck examination supple. No gross abnormalities, edema or thyromegaly. No tenderness. No mass. No JVD. No bruits. No C-spine tenderness.

**LYMPH NODE:** On lymph node examination no lymphadenopathy.

**CV:** On cardiovascular examination S1, S2, regular rate and rhythm, no murmurs, rubs, clicks or gallops.

**RESPIRATORY:** On thorax and lung examination normal chest expansion, good air movement, lungs clear to auscultation, no rales, rhonchi or wheezing, no respiratory distress.

**GI:** On GI examination soft, nontender, nondistended, bowel sounds present. No organomegaly, no masses palpated.

**SKIN:** On skin examination no gross abnormalities. No grossly abnormal appearing lesions or rash.

**NEUROLOGICAL:** On neurological examination normal gait. CN II-XII grossly normal. No sensory-motor deficits. No tremors. No nystagmus. DTR 2+ upper and lower extremities.

**PSYCHIATRIC:** On psychiatric examination well groomed. Appropriately dressed. Normal speech pattern. Normal thought pattern. No gross evidence of depression or abuse.

**EXTREMITIES:** On extremities examination normal gait. Normal upper and lower extremities, bilaterally. Power 5/5 upper and lower extremities, bilaterally. No nail clubbing or cyanosis. No extremity edema.

**MUSCULOSKELETAL:** On musculoskeletal examination normal gait. No nail clubbing or cyanosis. No edema

## Assessment

Acute Otitis Media, Left Ear (H66.92)

Fever, Unspecified (R50.9)

48 year old male, with complaints of ear ache. Advised to take care of ears. Health education documents provided for the record.

## Plan

### Lab

CBC W/O DIFFERENTIAL

CMP

### Today's Medication

Zithromax 500mg Tablet is Prescribed, take 1 tablet (500mg) by oral route once daily

### Procedure

EarWax Removal: Debrox drops were used to soak the wax in ear and after 15 minutes ear syringed with tepid water. Large amts of wax was removed. Auriscopy was done after the procedure and ear is normal and TM is clearly visualized. 69210

## **Recommendation**

Fever: Acetaminophen (e.g. Tylenol) or ibuprofen for muscle aches, headaches or fever more than 100.4 F (38 C) rectally

Drink plenty of fluids.

## **Follow Up**

Patient is advised to follow up in 7 days.

## **Health Education**

EAR INFECTIONS

FEVER

## **Discharge Instructions**

### **General Instructions:**

Follow up: Followup with family doctor in 1 week if needed.

You may take Tylenol or Ibuprofen, if not allergic.

Follow Label Instructions on any prescriptions you receive.

### **Home Instructions:**

The examination and treatment you have received in the Urgent Care have been given on an emergency basis only. If you do not seem to be improving, seem to be getting worse, or have any new symptoms, you should return to Urgent Care/ Emergency Department or contact your Primary Care Physician.

The visit was electronically signed off by David Newman, MD on 03/05/2016 06:17:10 PM